



Richland Police Department

2012 Training Announcement

PPCT GAGE (Ground Avoidance Ground Escape) Instructor Course (see below course description)

Instructor: Tom Jost (Director of Training for PPCT Management Systems, Inc.)

Date: September 25-27, 2012

Location: Richland PD, 871 George Washington Way Richland, WA

Cost \$300.00

Course Description:

The PPCT Ground Avoidance Ground Escape Course is designed to teach students how to avoid being taken to the ground and how to effectively escape if they do find themselves there. It reviews tactics for both open and narrow environments; reviews the four most common ground positions and escapes; refines the student's physical technique; and presents instructional methods for teaching survival skills.

Course Goals:

1. To examine survival learning research in an effort to enhance officer survivability in a combat situation.
2. To instruct a ground avoidance and ground escape system that is compatible with the effects of survival stress.
3. To teach officers how to avoid being taken to the ground and how to effectively escape if they are grounded.
4. To refine student technique to the instructor level.
5. To teach instructional methods designed to enhance a student's ability to learn survival techniques, increase his/her confidence level, and assist in the successful application of physical techniques.

Course Topics:

Use of Force Human Factors

This chapter examines survival stress research and provides officers with information that will enhance their survivability in a combative situation and recommendations regarding issues related to critical incident management.

Instructor Development and Training Protocols

This chapter reviews instructional methods designed to enhance a student's ability to learn survival techniques, increase his/her confidence level, and assist in the successful application of physical techniques. Topics covered include the psychology of survival training, motivational factors for learning survival skills, the neural basis of learning, and the stimulus response training principle. This chapter also introduces PPCT training protocols, including certification procedures, course protocols and registration requirements, and classroom safety concerns.

PPCT Control Principles

This chapter examines the basic training principles that form the foundation on which all PPCT training systems are based. Topics discussed include components of acceptability, PPCT Resistance/Control Continuum, common types of resistance, principles of controlling resistive behavior, survival reaction time, the reactionary gap, and tactical positioning.

Ground Avoidance and Ground Escape

This chapter teaches officers how to avoid being taken to the ground and how to effectively escape if they are grounded. Topics discussed include falling techniques, ground avoidance techniques, ground defense positions, ground escapes, headlock escapes, and defenses against chokes.

Class size for the course is limited to 24 Instructor candidates.

Prerequisite: No prerequisites are necessary for the Instructor course.

Additional Information:

- Agencies registering will receive an invoice from the City of Richland. Payment is due prior to the start date of the class.
- All classes begin at 0800 hours.
- Course goals & topics for upcoming training are available upon request or via CJTC website.
- Lodging referrals are available upon request.
- Questions about the courses being offered, please contact Officer Chris Lee at 509-942-7614
- **To Register:** Contact Bunnie Avery at 509-942-7360, or bavery@ci.richland.wa.us.